

## THE EXPERIENCE

### TREKKING SAPA – CAT CAT – LAO CHAI – TA VAN – THAC BAC

Sapa is famous both for its fine, rugged scenery and for its rich cultural diversity. French used to consider Sapa as Summer Capital of Northern Vietnam in the early decades of the 20th century. Its naturally gifted beauty keeps attracting more and more people to spend their vacation there since then. Particularly, the place is the foremost choice for honeymoon couples! Travelers are invited to enjoy the best of Sapa all the year round with different taste of seasons and exciting outdoors.

#### **Night 1: Hanoi – Lao Cai Station**

Pick up from hotel by our English-Speaking Guide to station for ON train to Lao Cai.

ON on train.

---

#### **Day 1 LAO CAI - SAPA – CAT CAT VILLAGE (-/L/D)**

---

Pick up from Lao Cai Station to Sapa at this early morning, you will have breakfast [at your own cost], relax before start trekking journey down the hill. Once we reach to the top by tourist vehicle, you will take a chance to Cat Cat village. It is the most popular attraction in Sapa district, located at the bottom of the Muong Hoa Valley and near the stunning Cat Cat Waterfall. This is an age-old village of H'Mong ethnic group remaining unique customs and practices that are lots in other villages. Picnic lunch will be served before our vehicle will be waiting for us for the journey back to Sapa for check in.

**Evening:** After dinner, you are free to explore the charm of Sapa by night, enjoy roasted corn, baked eggs beside charcoal fire or go shopping. Especially on Saturday night, we highly recommend a stop at the Love Market which is one of unique cultures of ethnic minorities HMong, Dzao in Lao Cai and North West of Vietnam in general.

Dinner and overnight at hotel in Sapa.

---

#### **Day 2 LAO CHAI & TA VAN VILLAGES (B/L/-)**

---

09h00: After breakfast, we start trekking down to Lao Chai village of Black H'mong ethnic people. Here we will discover their daily life and how they make traditional clothes, handicraft, indigo... We will visit the biggest valley which provides the best view for golden rice terrace fields in Vietnam. After Lao Chai we walk to Ta Van village of Dzay people. It is a small group of ethnic people in Vietnam with a rich culture and beautiful houses located on rice paddy fields.

*Lao Chai & Ta Van Villages, about 8 km from Sapa town, where black H'mong and Dzay people are living, it is also the beginning of the valley which is called Muong Hoa. From a high point of the main road, great view of the whole villages open wide to offer the marvelous panorama views, backed by high mountains and facing the river. Here you will enjoy the fresh air, see terraced fields, stream, discover and visit some Black H'mong families. You will have a welcome feeling at any house of the hospitable people there. You can interact them, learn about their culture and customs...*

We will have lunch with the locals in one of the local houses.

After that we will transfer you back to Sapa, you will be free to discover Sapa town and dinner by yourself to have more experience with local foods and enjoy the ethnic Red Dzao Massage.

Dinner and overnight at hotel in Sapa.

---

**Day 3 SAPA – SILVER WATER FALL – LIMOUSINE BUS TO HANOI (B/L/D)**

---

Breakfast at your hotel, we will take you to Silver Waterfall, the highest in Vietnam with a 300m drop. An ascent to the base of the waterfall will enable you to explore the surrounding landscape. This is a famous spot and is regularly visited by monks to pray. Continuing our journey, we will drive a further 3km to Tram Ton Pass, the highest road in Vietnam at approximately 2000m above sea level. At this height, you will feel a drop-in temperature but the views are truly stunning, and you will have the opportunity to stretch your legs, explore and take photographs. A further 3km drive will take you to the start point of your next walk, a descent through the jungle to the Love Waterfall & Golden Stream. This area is known for cardamom crops, used for medicine, cooking and a significant source of income for the minority people. Lunch will be served before back to the hotel.

In this afternoon, you will free by your own to explore Sapa Town, go to the local market for souvenirs... till pick up at 15.30 back to Hanoi. Arrival Hanoi at around 21:30. Upon arrival at bus station you will be picked up and transferred to the hotel.

Overnight at hotel in Hanoi.

---

**Day 4 FINAL DEPARTURE (B)**

---

Breakfast at your hotel, in time we will drop you to the airport for flight back home.

**Tour Ends**

**Cost Proposal**

➤ [Validity until 31 Dec 2017]

Pax Slab [Minimum]	Cost in GBP £ (per person on twin sharing basis)
2 Pax	GBP £399 Per Person

*\* The above are per person costs in GBP*

City	03 Star
Sapa	Sapa Unique Hotel
Hanoi	La Beaute De Hanoi Hotel

**Our Quote Includes: -**

- One way Train Ticket from Hanoi to Lao Cai (Soft Sleeper with AC, 4PP/ Cabin) – If add-on berth, surcharge GBP £35/ per berth.
- Transport: Bus Sapa Limousine 9 seats from Sapa – Hanoi.
- Free water, wet tissue, bread, snack on Sapa Express Bus
- Transportation as per itinerary
- Accommodation at 3\* hotel as per itinerary (2 persons/ room)
- English speaking guide during the tour (enthusiastic, experienced)
- Meals as mentioned on itinerary.
- Entrance fees (Lao Chai - Ta Van village - Cat Cat Village, Thac Bac)

**The Above Cost Does Not Include: -**

- Expenses of personal nature like tipping, laundry, telephone/fax calls, alcoholic/non-alcoholic beverages, camera/video camera fee at monuments, medical expenses, airport departure tax, any insurance etc.
- Any meals other than the mentioned.
- Any other services not mentioned in the inclusions.
- Our Cost is not valid for any period other than mentioned above.

**Special Notes: -**

- Hotel Check-in time is 1400 hrs and Check-out time is 1200 Hrs.
- Prices are subject to change with any increase in the cost.
- Rates include only those items specified in your itinerary.
- Please note, the names of hotels mentioned above only indicate that our rates have been based on usage of these hotels. It is not to be construed that accommodation is confirmed at these hotels until and unless we convey the confirmations to you on receipt of your acceptance. However, in the event of any of the above-mentioned hotels not becoming available at the time of initiating the reservations, we shall book alternate accommodation at a similar or next best available hotel and shall pass on the difference of rates (supplement/reduction whatever applicable) to you.
- In case on any currency fluctuations or amendment in local Government taxes, or any fuel hike, we reserve the right to adjust the tour price accordingly.



**Lumle Holidays Ltd.**  
**33 Haig Drive, Slough, Berkshire**  
**SL1 9HA, United Kingdom**  
**Telephone: 0845 475 3435, Fax: 0844 358 1675**  
**E-mail: [sales@lumle.com](mailto:sales@lumle.com)**  
**Website: <http://www.lumle.com>**